

The Shores Halloween Parade!

This year, The Shores had it first Halloween Parade, it was a great success, with 15 cars that were decorated. Families with little goblins, little doctors, and superheroes. The Shores Staff dressed in costumes, participated in the Halloween festivities. Enjoy the pictures.



Residents December Birthdays

- Harold B. 12/5
- Jerry B. 12/20
- Janet S. 12/7
- Bernice S. 12/30

Staff December Birthdays

Kayla Couillard 12/21

- Richard Pryor (comedian) – December 1, 1940
- Andy Williams (singer) – December 3, 1927
- Kirk Douglas (actor) – December 9, 1916
- Ada Lovelace (programmer) – December 10, 1815
- Rita Moreno (actress) – December 11, 1931
- Brad Pitt (actor) – December 18, 1963
- Jane Fonda (actress) – December 21, 1937
- Humphrey Bogart (actor) – December 25, 1899
- Susan Butcher (musher) – December 26, 1954
- LeBron James (athlete) – December 30, 1984

A Note from our Community Relations Director

Our Marketing Director, Logan, has worked very hard to fill our vacancies in the community. We have several new neighbors; and we all know what it feels like when you are in a new place with new surroundings. When you see the new faces around our community, please make sure to give them a warm welcome to The Shores.



The Pebbles of Lake Phalen

The Shores of Lake Phalen *1870 East Shore Drive * 651) 777-7784 *

Season's Greetings!



The holidays are upon us and the New Year is approaching, let us pray that 2021 will be better than 2020.

Our community is now practicing the new normal, without the festivities that we all are used to having. The activities staff are trying to be creative in having different things to do while you are asked to remain in your apartment. We are open for new ideas, suggestion, and creative ways to keep your spirits up.

We have come up with weekly activity bags with different self-projects that residents are able to do during this time to keep busy. Please try to keep your spirits up during this challenging time. Enjoy some of the pictures that we have taken throughout the year. We will have our wonderful Logan, decorate the community for the holidays.

Our Culinary Chef, Lynn, is working very diligently preparing our festive meals throughout the holidays. Our nursing team is working very hard to make sure that each and everyone stays healthy and safe. They will continue with the daily checks and vitals. Housekeeping and maintenance are doing a wonderful job at keep the apartments and common areas sanitized and clean.

Activities will continue to do what they can to keep each resident engaged in something to do. Also as reminder if you have family that you want to see, call and make an appointment with, Keila or Kat in the activity department to set up a time for facetime, using the iPad, with your loved one.



Celebrating December

Universal Human Rights Month

Bingo's Birthday Month

Cookie Cutter Week
December 1-7

Hanukkah
December 10-18

Gingerbread House Day
December 12

Christmas Bird Count
December 14-January 5

Free Shipping Day
December 17

Christmas
December 25

Kwanzaa
December 26-January 1

New Year's Eve
December 31

Laugh it Up!

Here are a few jokes to lift your spirits and put a smile on your face!

What do you get when you cross a snake with a tasty dessert?

Answer: A Pie-thon!

What do you get when you cross a fish with an elephant?

Answer: Swimming trunks.

What happened after an explosion at a French Cheese Factory?

Answer: All that was left was de brie.



Happy Turkey Gobble Gobble!

In the month of November, let us say thank you to, Intrepid Hospice, for donating pumpkins and paint for our fun craft group, to decorate and give a pumpkin to each resident.



Sitting Down for Equal Rights

On December 1, 1955, Rosa Parks was commuting home after working a long day at a Montgomery, Alabama, department store. Segregation was written into law and Blacks were required to sit in the back of the bus, with seats in the front reserved for white riders. When a white man entered the bus and found no open seats, the bus driver asked four Black riders seated in the first row of the "colored" section to stand. Three complied, but Parks did not. This was not because she was tired from working all day. In her own words, she "was tired of giving in."

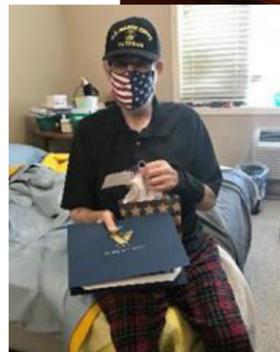
Parks was arrested and later released on bail, but not before word of her arrest reached civil rights activist E.D. Nixon. Nixon quickly organized a boycott of the Montgomery buses and enlisted the support of Martin Luther King Jr. Despite threats and bombings of both Nixon and King's homes, the boycott continued. Nearly a year later, the Supreme Court ruled Montgomery's bus segregation unconstitutional. Parks' story has remained an inspiration for generations of civil rights activists seeking equality, justice, and equal protection under the law.

A Pearl of Wisdom



December 15 is Wear Your Pearls Day, a day to wear the pearl jewelry that's been hiding out in your jewelry box. It is also a day to appreciate nature's design. A pearl is created when an irritant, often a parasite (not a grain of sand as commonly thought), invades an oyster, mussel, or clam. To defend itself against the foreign invader, the oyster secretes a fluid called nacre that envelops the irritant. Layer upon layer of nacre coats the irritant until a pearl is formed. Nacre is more commonly known as mother-of-pearl. It is incredibly strong and beautifully iridescent. For this reason, Wear Your Pearls day is also a day to recognize the hidden beauty and strength that comes with life's small imperfections.

Thank You to our Veterans!
This November, we honored our Veterans with a gift bag filled with different articles. A cap from each branch of service that our men served, a face mask with our American flag, a memorable gold coin with recognition of service served, a American lanyard, butter mints in American colors and a certificate with their name. We also served everyone a beautifully decorated cupcake. Also, Thank You, to Moments Hospice, for helping with the Veterans Day Certificates.



Festive Holiday Movies & Shows

Residents it is the most wonderful time of the year~

Enjoy the wonderful holiday movies that are showed throughout the day on the Hallmark channel # 67. You can also enjoy holiday movies as well on Lifetime Channel #43

There are our old-time favorites like The Andy Griffith Show, on TV Land on channel #52

Scavenger Hunt!

Residents, we are going to have a first-time scavenger hunt, in your apartment. You will have a list of what to look for. When you have completed the hunt call the activities dept. or the front desk and let Keila know that you have completed the hunt. You can then pick items from the prize bucket



Attention Residents!

Residents, please remember to take the proper precaution including washing your hands often, avoid touching your face, wear your mask when staff are in your room, and wash your face mask daily.

We are asking that families provide several masks to their loved one, so that residents can hand wash their mask with soap every day.

